



Junior Eagle Journal

Your Source for News from O'Neill Elementary School
September 2022



It Takes a Village

It takes a village to raise and educate a child. We at O'Neill Elementary School are delighted to be a part of that village. We thank the families of our students for teaming with us to make sure every student is educated.

At the school, we do our best to make learning, fun, engaging, and beneficial for each student that walks into the building. We want every student to feel valued and cared for while in the building. We also want families to feel they can collaborate with us, so please feel free to reach out with any questions or concerns you may have throughout the school year.

You may wonder what you can do at home to help with education. While doing homework is great, and appreciated. There are many things you can do that doesn't seem like "school work" at home! Take time to maybe read a book as a family, do flash cards, play a strategy game (this is a great problem-solving skill), or play dice games. Practicing math and reading skills can be fun and educational without being boring at all. You'd be surprised how much of a difference these activities can make!

Thank you for taking the time to work with us at OES to educate the most important resource we have, children. We are grateful for the parents, caregivers, and community members of O'Neill!

Mr. Jim York

Principal, O'Neill Elementary School

A Few Announcements...



- Reading and math skills are imperative for future success. Please take time every day to read and/or do a math activity with your child(ren). This can be something as simple as a game of UNO.
- Please remember that students are expected to be off campus by 3:45 pm, unless they are here for Developing Eagles or another school-related activities. If a student is signed up for Developing Eagles and not picked up by 3:45, the student will be sent to Developing Eagles.
- Please call the office if your child is sick or will not be in attendance. This helps us keep more accurate track of excused and unexcused absences.
- Promptness is important! Please make sure your child is IN SCHOOL by 8:00 every morning. Tardiness makes the day difficult for all those involved.
- If your contact information changes, please inform the office. This will make it easier for us to contact you should we need to.
- Please remember if you need to come into the building during pick up/drop off time, you need to park in one of the parking lots. Also, if you are not handicapped, please do not pick students up in the handicapped parking spot.
- Please don't forget breakfast and lunch is no longer free to all students this year.
- Breakfast starts at 7:40 and we will close the line at 7:55.
- Developing Eagles is open until 6:00 pm. Please be sure to pick your students up no later than 6:00 pm.

Eagle Way Minute



So, you're going to the upcoming sporting event with your family and want to enjoy the game. Please remember we are expected to do things the "Eagle Way" at all times. Here are some great reminders about what that looks like:

- Be Safe-Stay in the designated areas. Children stay with their parent/guardians. Walk in common areas, as these areas are busy and full of people.
- Be Respectful-Remember there are a lot of people there to cheer for the Eagles (and probably some visitors cheering for the opponent). Fans want to watch the game & watch a fair game. Cheer for the team, don't berate officials, players, or coaches.
- Be Responsible-Leave your area as clean as it was when you came. Clean up your mess!

Questions to ask besides “How was school today?”

1. Tell me about the best part of your day.
2. What was the hardest thing you had to do today?
3. Did any of your classmates do anything funny?
4. Tell me about what you read in class.
5. Who did you play with today? What did you play?
6. Do you think math [or any subject] is too easy or too hard?
7. What's the biggest difference between this year and last year?
8. What rules are different at school than our rules at home? Do you think they're fair?
9. Who did you sit with at lunch?
10. Can you show me something you learned (or did) today?

Healthy Daily Habits for KIDS

HAIR

Brush or comb your hair twice a day to keep the tangles out. Never share your brush or comb.



TEETH

Brush teeth twice a day - after breakfast and before you go to bed.



NAILS

Keep fingernails and toenails clean and trim them once a week. Bath time is usually best for trimming and cleaning under the nails.

SLEEP

Go to bed at about the same time every night. Spend some time doing a quiet activity such as reading a book or listening to music.



BODY

Take a bath or shower once a day. Wash your hair with shampoo often.



HANDWASHING

Always wash your hands with soap and water before eating, after playing outside, after going to the bathroom and after coughing or sneezing.



CLOTHING

Wear fresh clothes every day, even if your old clothes don't smell. Clean underwear is especially important.





People helping people; empowering individuals, strengthening families and enriching communities in Northeast Nebraska.



Housing

Weatherization: Helps alleviate the costs of heating and cooling homes. Improvements may include: insulation, caulking and weather stripping, repair or replacement of furnace/heating units.

Rent & Utility Assistance: Various programs provide rental & utility assistance to eligible clients, offering temporary assistance as they move toward self-sufficiency.



Food & Nutrition

CSFP (Commodity Supplemental Food Program): Nutritious supplemental foods for seniors age 60 and over provided on a bi-monthly basis.

WIC (Women, Infants & Children): Participants receive breastfeeding support, nutrition and health education tailored to their needs. eWIC benefit cards are issued to provide healthy food and infant formula to eligible mothers and children up to age 5.

Food Pantries: Locations in Creighton, Norfolk, South Sioux City and Pender; pantries provide food according to household size.



Health

Immunization Program: Provides 25 different vaccines to adults and children at 15 sites to serve adults and children both with and without insurance.

Healthy Families: Provides free one-on-one health and parenting education and referrals to families. Families may enroll prenatally or up to 3 months after birth.

Early Development Network (EDN): Serves children ages birth-3 in the Norfolk Public School district who may be experiencing developmental delays or serious health/medical issues.



Veterans

SSVF (Supportive Services for Veteran Families): Provides supportive services such as: case management, rent/utility deposits, rent/utility assistance, emergency supplies, transportation, small car repairs, gas vouchers, moving costs and emergency housing to eligible veterans and their families.

Education

Head Start/Early Head Start: Provides quality early childhood education that promotes the school readiness of children from birth to five by enhancing their cognitive, social, and emotional development. These programs help build relationships with low-income families that support family well-being and self-sufficiency. Head Start is currently located in 9 counties in Northeast Nebraska. Early Head Start is located in Dakota County.



Supportive Services

Case Management: Collaborative assessment, planning, facilitation and care coordination for clients. Services provided may include budgeting, employment assistance, referrals, applying for additional services, etc.

Child Car Seats: Certified staff evaluates and insures the proper fit and installation of infant and child safety seats.



Upcoming Dates

September 5th---No School, Labor Day

September 19th-23rd---Homecoming Week

September 22nd---Miles of Smiles

September 30th---No School, Staff PD

IMPORTANT

September 2022

O'Neill Elementary, Grades PK-6 2022-2023 Breakfast, Grades K-6

			<p>01</p> <p>Entree</p> <ul style="list-style-type: none"> • French Toast Sticks with Syrup Dipping Sauce <p>Fruit</p> <ul style="list-style-type: none"> • Cereal Choices with Toast • 100% Fruit Juice <p>Milk</p> <ul style="list-style-type: none"> • Applesauce • 1% Unflavored Milk • Chocolate Skim Milk <p>Strawberry Skim Milk</p>	<p>02</p> <p>Entree</p> <ul style="list-style-type: none"> • Fresh Baked Cinnamon Roll <p>Fruit</p> <ul style="list-style-type: none"> • Cereal Choices with Toast • 100% Fruit Juice <p>Milk</p> <ul style="list-style-type: none"> • Pineapple Tidbits • 1% Unflavored Milk • Chocolate Skim Milk <p>Strawberry Skim Milk</p>
<p>05</p> <p>Misc.</p> <ul style="list-style-type: none"> • No School 	<p>06</p> <p>Entree</p> <ul style="list-style-type: none"> • Muffin Top & Yogurt • Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> • 100% Fruit Juice • Mixed Fruit Cocktail <p>Milk</p> <ul style="list-style-type: none"> • 1% Unflavored Milk • Chocolate Skim Milk <p>Strawberry Skim Milk</p>	<p>07</p> <p>Entree</p> <ul style="list-style-type: none"> • Bacon & Egg Breakfast Pizza • Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> • 100% Fruit Juice • Fresh Orange Slices <p>Milk</p> <ul style="list-style-type: none"> • 1% Unflavored Milk • Chocolate Skim Milk <p>Strawberry Skim Milk</p>	<p>08</p> <p>Entree</p> <ul style="list-style-type: none"> • Pancake and Sausage Links • Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> • 100% Fruit Juice • Sliced Peaches <p>Milk</p> <ul style="list-style-type: none"> • 1% Unflavored Milk • Chocolate Skim Milk <p>Strawberry Skim Milk</p>	<p>09</p> <p>Entree</p> <ul style="list-style-type: none"> • Fresh Baked Cinnamon Roll • Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> • 100% Fruit Juice • Pineapple Tidbits <p>Milk</p> <ul style="list-style-type: none"> • 1% Unflavored Milk • Chocolate Skim Milk <p>Strawberry Skim Milk</p>
<p>12</p> <p>Entree</p> <ul style="list-style-type: none"> • Fresh Baked Biscuits and Gravy • Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> • 100% Fruit Juice <p>Applesauce</p> <ul style="list-style-type: none"> • Milk • 1% Unflavored Milk • Chocolate Skim Milk <p>Strawberry Skim Milk</p>	<p>13</p> <p>Entree</p> <ul style="list-style-type: none"> • Ham, Egg & Cheese Biscuit Bake • Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> • 100% Fruit Juice • Mixed Fruit Cocktail <p>Milk</p> <ul style="list-style-type: none"> • 1% Unflavored Milk • Chocolate Skim Milk <p>Strawberry Skim Milk</p>	<p>14</p> <p>Entree</p> <ul style="list-style-type: none"> • Strawberry Stuffed French Toast • Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> • 100% Fruit Juice • Fresh Orange Slices <p>Milk</p> <ul style="list-style-type: none"> • 1% Unflavored Milk • Chocolate Skim Milk <p>Strawberry Skim Milk</p>	<p>15</p> <p>Entree</p> <ul style="list-style-type: none"> • Sausage Breakfast Pizza • Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> • 100% Fruit Juice • Sliced Peaches <p>Milk</p> <ul style="list-style-type: none"> • 1% Unflavored Milk • Chocolate Skim Milk <p>Strawberry Skim Milk</p>	<p>16</p> <p>Entree</p> <ul style="list-style-type: none"> • Fresh Baked Cinnamon Roll • Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> • 100% Fruit Juice • Pineapple Tidbits <p>Milk</p> <ul style="list-style-type: none"> • 1% Unflavored Milk • Chocolate Skim Milk <p>Strawberry Skim Milk</p>
<p>19</p> <p>Entree</p> <ul style="list-style-type: none"> • Chocolate Iced Long John • Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> • 100% Fruit Juice • Sliced Peaches <p>Milk</p> <ul style="list-style-type: none"> • 1% Unflavored Milk • Chocolate Skim Milk <p>Strawberry Skim Milk</p>	<p>20</p> <p>Entree</p> <ul style="list-style-type: none"> • Fresh Baked Ham, Egg & Cheese Biscuit Sandwich • Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> • 100% Fruit Juice • Applesauce <p>Milk</p> <ul style="list-style-type: none"> • 1% Unflavored Milk • Chocolate Skim Milk <p>Strawberry Skim Milk</p>	<p>21</p> <p>Entree</p> <ul style="list-style-type: none"> • Pancake and Sausage Links • Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> • 100% Fruit Juice • Pineapple Tidbits <p>Milk</p> <ul style="list-style-type: none"> • 1% Unflavored Milk • Chocolate Skim Milk <p>Strawberry Skim Milk</p>	<p>22</p> <p>Entree</p> <ul style="list-style-type: none"> • Ultimate Chocolate Chip Breakfast Round • Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> • 100% Fruit Juice • Sliced Pears <p>Milk</p> <ul style="list-style-type: none"> • 1% Unflavored Milk • Chocolate Skim Milk <p>Strawberry Skim Milk</p>	<p>23</p> <p>Entree</p> <ul style="list-style-type: none"> • Fresh Baked Cinnamon Roll • Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> • 100% Fruit Juice • Fresh Orange Slices <p>Milk</p> <ul style="list-style-type: none"> • 1% Unflavored Milk • Chocolate Skim Milk <p>Strawberry Skim Milk</p>

26	<p>Entree</p> <ul style="list-style-type: none"> Bacon & Egg Breakfast Pizza Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Pineapple Tidbits <p>MILK</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk
27	<p>Entree</p> <ul style="list-style-type: none"> Waffles with Syrup Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Applesauce <p>MILK</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk
28	<p>Entree</p> <ul style="list-style-type: none"> Glazed Donut Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Sliced Peaches <p>MILK</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk
29	<p>Entree</p> <ul style="list-style-type: none"> Fresh Baked Biscuits and Gravy Cereal Choices with Toast <p>Fruit</p> <ul style="list-style-type: none"> 100% Fruit Juice Fresh Orange Slices <p>MILK</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk
30	<p>Misc.</p> <ul style="list-style-type: none"> No School

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity.

Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-6939.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at:

<https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17ra2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

- **mail:** U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or
- **fax:** (833) 256-1665 or (202) 690-7442; or
- **email:** program.intake@usda.gov

This institution is an equal opportunity provider.

September 2022

O'Neill Elementary, Grades PK-6 2022-2023 Lunch, Grades K-5

	01	02
	<p>Entree</p> <ul style="list-style-type: none"> * Grilled Cheese Sandwich with Creamy Tomato Soup * Popcorn Chicken Bites with Dinner Roll <p>* Fresh Baked Combo Sub</p> <p>Vegetables</p> <ul style="list-style-type: none"> Baked Beans <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Chicken Burrito Supreme * Cheese Pizza * Pepperoni Pizza * Crispy Chicken Deli Wrap <p>Vegetables</p> <ul style="list-style-type: none"> Baked Tator Tots <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk
	<p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Loaded Hash Browns with Biscuit * Twisted Dog * Fresh Baked Italian Sub <p>Vegetables</p> <ul style="list-style-type: none"> Steamed Broccoli Florets <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Glazed Chicken over Rice * Cheese Pizza * Pepperoni Pizza * Roasted Ham & Cheddar Deli Wrap <p>Vegetables</p> <ul style="list-style-type: none"> Steamed Carrots <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk
	<p>Entree</p> <ul style="list-style-type: none"> * Super Nachos * BBQ Rib Sandwich * Chicken Gyro Shaker with Fire Roasted Flatbread <p>Vegetables</p> <ul style="list-style-type: none"> Zesty Black Beans <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Desserts</p> <ul style="list-style-type: none"> Cinnasational Churro <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	
	<p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Macaroni & Cheese * BBQ Pulled Pork Sandwich * Fresh Baked Turkey & Cheese Sub <p>Vegetables</p> <ul style="list-style-type: none"> Peas <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	
Misc. No School		

<p>12</p> <p>Entree</p> <ul style="list-style-type: none"> * Pizza Pinwheels * Mini Corn Dogs * Fajita Shaker with Tortilla Chips <p>Vegetables</p> <ul style="list-style-type: none"> Peas <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>13</p> <p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Chicken & Noodles w/ Biscuit * Country Fried Steak with Biscuit * Fresh Baked Ham & Cheese Sub <p>Vegetables</p> <ul style="list-style-type: none"> Mashed Potatoes with Country Gravy <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>14</p> <p>Entree</p> <ul style="list-style-type: none"> * Beef Taco in a Bag * Crispy Chicken Sandwich * Ham & Turkey Charcuterie Shaker with Roasted Flatbread <p>Vegetables</p> <ul style="list-style-type: none"> Refried Beans <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Desserts</p> <ul style="list-style-type: none"> Mini Fruit Pizza <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>15</p> <p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Spaghetti * Chicken Nugs with Garlic Breadstick * Fresh Baked Combo Sub <p>Vegetables</p> <ul style="list-style-type: none"> Flame Roasted Peppers & Onions <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>16</p> <p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Cheesy Ham Baked Tater with Breadstick * Cheese Pizza * Pepperoni Pizza * Turkey & Cheddar Deli Wrap <p>Vegetables</p> <ul style="list-style-type: none"> Steamed Broccoli Florets <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk
<p>19</p> <p>Entree</p> <ul style="list-style-type: none"> * French Toast Sticks with Eggs * Cheeseburger * Crispy Chicken Shaker with Roasted Flatbread <p>Vegetables</p> <ul style="list-style-type: none"> Hash Brown Triangle <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>20</p> <p>Entree</p> <ul style="list-style-type: none"> * Beef Stroganoff with Dinner Roll * Mozzarella Bosco Sticks with Marinara Dipping Sauce * Fresh Baked Combo Sub <p>Vegetables</p> <ul style="list-style-type: none"> Lemon Herbed Broccoli and Cauliflower <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>21</p> <p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Beef Chili and Crackers * Hot Dog * Southwest Shaker with Tortilla Chips <p>Vegetables</p> <ul style="list-style-type: none"> Golden Corn <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Desserts</p> <ul style="list-style-type: none"> Fresh Baked Cinnamon Bun <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>22</p> <p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Cheeseburger Macaroni Skillet with Garlic Breadstick * Popcorn Chicken with Garlic Breadstick * Fresh Baked Ham & Cheese Sub <p>Vegetables</p> <ul style="list-style-type: none"> Green Beans <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>23</p> <p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Scalloped Potatoes & Ham with Dinner Roll * Cheese Pizza * Pepperoni Pizza * Fajita Deli Wrap <p>Vegetables</p> <ul style="list-style-type: none"> BBQ Baked Beans <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk
<p>26</p> <p>Entree</p> <ul style="list-style-type: none"> * Pizza Pasta Bake w/ Garlic Breadstick * Chicken Nugs with Garlic Breadstick * Chicken BLT Shaker with Roasted Flatbread <p>Vegetables</p> <ul style="list-style-type: none"> Green Beans <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>27</p> <p>Entree</p> <ul style="list-style-type: none"> * Chicken Pot Pie * Baked Pork Fritter * Fresh Baked Italian Sub <p>Vegetables</p> <ul style="list-style-type: none"> Mashed Potatoes with Chicken Gravy <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Desserts</p> <ul style="list-style-type: none"> Gelatin Dessert <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>28</p> <p>Entree</p> <ul style="list-style-type: none"> * Soft Shell Beef Tacos * Baked Fish & Cheese Sandwich * Crispy Chicken Shaker with Roasted Flatbread <p>Vegetables</p> <ul style="list-style-type: none"> Refried Beans <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>29</p> <p>Entree</p> <ul style="list-style-type: none"> * Made Fresh Chicken Ranch Pasta with Breadstick * Corn Dog * Fresh Baked Turkey & Cheese Sub <p>Vegetables</p> <ul style="list-style-type: none"> Peas <p>Fruit</p> <ul style="list-style-type: none"> Fruit and Veggie Bar <p>Desserts</p> <ul style="list-style-type: none"> Frosted Chocolate Cake <p>Milk</p> <ul style="list-style-type: none"> 1% Unflavored Milk Chocolate Skim Milk Strawberry Skim Milk 	<p>30</p> <p>Misc.</p> <ul style="list-style-type: none"> No School